

THE

# SPARK

Summer 2009 | Volume 6, Issue 2

THE OFFICIAL NEWSLETTER OF  
THE FOUNDRY RESCUE MISSION AND RECOVERY CENTER

## STOP and be Still

A NEW WAY OF THINKING

Dear Friends,

One of the hardest things for an addict to do is to stop. I don't mean to stop using alcohol or drugs. Sure, that's tough. **But first you have to simply stop ... and be still.**

Life for a substance abuser is a mad scramble to feed the addiction. And that means doing whatever it takes. Stealing. Cheating. Lying. Telling more lies to cover the lies you just told. Conning your boss, your family and friends. Dodging the law. It's a constant rush in every sense of the word. With that kind of frenzied routine, an addict couldn't hear God's call even if he or she wanted to.

Christian, a 32-year-old resident in our Recovery Program, reminded me of this recently when he said, "**I am being still this time.**"

To everyone who knew him, Christian appeared to be an upstanding citizen. He worked at a marketing firm and even held some managerial positions. But behind the scenes, he was heavily involved with cocaine and heroine and illegal prescription drugs. He was leading a dual life—doing all the things I told you an addict does—and speeding out of control. Finally, he couldn't take it any more, but didn't know how to stop. He was so depressed he wanted to die.

His parents encouraged him to try a longer, faith-based recovery program. He knew The Foundry had both of those things, as well as a strong reputation. He joined our Recovery Program last December, and now we're giving him the chance to **stop, be still and know God.**

Christian's time here is very structured with classes and work therapy, so it's more difficult to slip into old habits. And because the entire foundation of our Recovery Program is Christ-centered, there's opportunity at every level for residents like Christian to hear God knocking, open their hearts and begin leading God-filled lives.

Christian says it's easy to stay clean in a place like The Foundry. He's "soaking up" the Bible studies and letting God take control of his life. And because of that, he told me he'll never do again what he's done in the past.

With your prayers and generosity, The Foundry continues to be a place of quiet respite, where Christian and other addicts worn ragged by destructive lifestyles can stop, be still and know God.

God bless you,

*Pastor Bill*

Rev. Bill Heintz  
Executive Director



Pastor Bill (left) encourages Christian through prayer and fellowship.

Be Still and Know  
that I Am God.

—Psalm 46:10



**The**  
**FOUNDRY**  
RESCUE MISSION AND RECOVERY CENTER

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**You Helped  
Provide and  
Make Possible!**

**January — March 2009**

|  |        |
|--|--------|
| Nights of lodging  | 13,800 |
| Meals served   | 56,700 |
| Recovery program graduates   | 28     |
| Re-Entry program graduates   | 3      |
| People receiving free clothing   | 139    |
| Food boxes distributed   | 101    |
| Residents receiving medical,<br>dental, optical &<br>prescription assistance | 1,192  |

**Lunch & Learn  
Spotlights The  
Foundry's Vision**

**First Friday of each  
month, at noon.**

Enjoy a great-tasting **Bob Sykes BarB-Q** lunch while The Foundry staff and volunteers share firsthand, across-the-board overviews of our programs and services, followed by a tour of our facilities. To reserve your place or for more information, call Micah Andrews at (205) 424-HOPE (4673). We hope to see you soon!

Special thanks to Bob Sykes for donating the delicious Lunch & Learn meals each month!

**Just \$1 a day can refresh  
the body and soul!**

Alabama summers can be uncomfortable at best, even for those with good air conditioners. But imagine being homeless and so strung out on drugs you aren't aware of the blazing sun scorching your skin or the heat and humidity draining the life right out of you.

Fortunately, The Foundry provides a place of refuge and hope for those who are addicted and homeless in our community. And you can help us care for them this summer through our **Summer of Hope: \$90 for 90 Days** campaign.

It's easy for everyone to get involved. Donate \$1 a day for every day of summer—\$30 for 30 days, \$60 for 60 days or \$90 for the whole summer. Or, lead a drive to collect 90 toiletry items or sign up online to fill 90 days of prayer.

Visit our Web site, [www.thefoundryonline.org](http://www.thefoundryonline.org), for more details on how you can help The Foundry provide cool and safe shelter, appropriate healthcare and God's refreshing Word all summer long. We're grateful for whatever way you choose to assist.



**Graduate Inspires Guests at  
Hearts of Hope Benefit Luncheon**

"God has put a passion in my heart for the down and out," speaker Laura Mitchell told guests at The Foundry's **Hearts of Hope Benefit Luncheon**, May 6, at Vestavia Country Club.

Laura, a 2008 graduate of The Foundry's Recovery Program, recently spent three months in Thailand and Cambodia where she worked with injustice issues, including women in prostitution. Now, she continues her missionary service to Cambodian refugees in California and identifies with their spiritual plight.

"I used to be one of the down and out," Laura says, "so I know the feelings that go along with that. I have my own messy path and I can see each woman's value and identity. God's love is all the same and covers a multitude of sins."

2009 marked the third year for this elegant luncheon, which connects women in the community to The Foundry's ministry and invites their partnership to ensure addicted and homeless women receive services that positively impact their lives and futures. Thanks to the generous support of our table hostesses and attendees, the event—including a new silent auction—has raised more than \$100,000 annually to support The Foundry's Women's Center.

As a beloved partner in changing lives for Christ, you're invited to celebrate the bright futures in store for our new graduates at The Foundry's graduation ceremony, June 14, at 9:30 a.m. in the Worship Center.

Former graduates and staff are invited to reunite in fellowship, recognize new graduates and support one another in Christ at a reception following the graduation ceremony at 1 p.m. in The Cup. There's no need to make a reservation, but feel free to call Sandor at 205-424-HOPE (4673) with questions.

A Celebration of *New Life*



Former and new graduates celebrate one another's walk with Christ at the 53<sup>rd</sup> graduation celebration and reception in March.