



SPARK

THE OFFICIAL NEWSLETTER OF THE FOUNDRY RESCUE MISSION AND RECOVERY CENTER

Fall 2007

Gather 'Round Our Table

Jason Hopkins is excited! He is taking only two pills a day. Two! It means he's getting back to normal ... it means he is more "normal" than he's ever been in his life.

"My whole life I've taken medication," Jason, 28, explains. "At 8, the doctor put me on Ritalin because I was diagnosed with ADHD. Later in life, I was on 15 to 20 prescription pills a day."

After his parents divorced, Jason added his own drugs, alcohol and cigarettes to the mix. "My mind started spinning out of control and I was in psych wards, rehabs, mental hospitals ... I literally went crazy from all the drugs," he says.

Jason became a loner, steering clear of friends and family. His mental and physical health plummeted; he felt like he was going insane. "I didn't trust anyone. I didn't trust God," he recalls. "Though a lot of it was my fault, I was blaming God."

Soon Jason entered yet another rehabilitation facility—ironically, this one emphasized a relationship with the very One Jason distrusted and blamed. From there, he came to The Foundry Rescue Mission and Recovery Center where he completed our resident recovery program.

When Jason suffered a setback 18 months after graduation, he returned to The Foundry determined to grow stronger in his walk with Christ. He also opened himself up to friendships with others on the program. "I'm a witness to them and they help me, too. We help one another in the Word. They give me insight and I give them insight. We sharpen each other's iron," he says.

This time, Jason is making the most of every opportunity The Foundry offers. He kicked his cigarette habit in January and says, "I got tired of smoking and choking. I said, 'Lord, I give it to You.' For the first time I'm giving everything to Him. I am more receptive. I'm listening more to the lessons, writing things down, digging into my childhood and forgiving more and more."

At The Foundry's medical clinic, Dr. John Fisher worked with Jason to determine which prescription drugs he really needed. Over a period of seven months, he reduced Jason's daily intake from 15-plus to two!

"The Foundry gave me another chance and the Lord has changed my life!" Jason now enthuses. "God has miraculously turned my life around and I know who I am in Christ."





Rev. Bill Heintz sits down to a home-cooked meal with residents in our public dining hall.

from the *Executive Director*

I'm not the most technical person in Alabama, but I'm great at searching the Internet for information. That's how I learned if you "google" the word hunger you'll find 44,500,000 sites dedicated to the issue. Interestingly, articles on world hunger share the same page with sites that tout miraculous weight loss programs.

At The Foundry, we deal with hunger issues every day. We see women suffering from eating disorders, food addictions and self-neglect. We see men who've starved themselves under the control of addiction. We've seen neighborhood children hungry for both love and a nourishing meal. And we've seen our residents and the community poor blossom as they've gathered at our dining tables to eat balanced meals and fellowship with our staff, volunteers and one another.

Since 1971, compassionate folks in Central Alabama have come alongside The Foundry to ensure our pantries are full of nutritious food. We're grateful for your gifts and pray you will continue to give as God leads. Your faithfulness provides relief, comfort and hope to those who gather 'round our tables.

In His Service,
Bill Heintz
Rev. Bill Heintz

You Helped Provide

January–June 2007

Because you gave, The Foundry provided the following to homeless and addicted men and women, and to families in the low-income community during the first six months of 2007.

Nights of lodging	37,829
Meals served	116,745
Recovery program graduates	37
Counseling sessions	4,500
People receiving free clothing	64
Food boxes distributed	420
Residents receiving medical, dental, optical, prescription assistance	325



It takes a lot of food to prepare three balanced meals for 215 hungry people 365 days a year. Here's a conservative estimate of the foods we use each day.

- 48 pounds meat
- 15 dozen eggs
- 60 gallons beverages
- 11 pounds produce
- 7 pounds of pasta, rice, etc.

Did You Know?

Your donations help make it possible for The Foundry to serve hundreds of nutritious meals each day ... to revitalize bodies that have been damaged by drugs and neglect. Thank you for giving faithfully. We count on you.



The Spark
Fall 2007
Volume 4, Issue 3

The Foundry
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Executive Director
Rev. Bill Heintz

Public Relations Director/Newsletter Editor
Leslie Freeman

Our Vision
To be the leader in Christ-centered recovery, permanently transforming lives.

Our Mission
To restore hope and rebuild the lives of the homeless and addicted through Christ-centered recovery.



In the January issue of *The Spark*, Bill Heintz wrote that 2007 was **The Year of the Lord's Favor** at The Foundry. The first half of the year brought unimaginable blessings to The Foundry Rescue Mission and Recovery Center. You've been part of the blessing, praying for us, participating in events, celebrating victories and giving sacrificially to ensure our day-to-day ministries continue unabated. Thanks for all you do!

what happens when we gather

meltdown

LESS OF ME. **melt** MORE OF HIM **down**

The walls of our worship center shake with youthful voices the fourth Saturday of every month! At exactly 7:01 p.m., guitars, drums—even violins—strike up the first song and hundreds of kids join in to praise God.

Many of the youth who attend *Meltdown* come from the neighborhoods surrounding The Foundry, while others are members of our residents' families. You're invited, too!

"The program includes hip-hop, dance, drama, testimonies and worship," explains Leslie Freeman, public relations director. "Jon Walden of 93.7 WDJC-FM is our emcee each month. The station has been a faithful sponsor for this event."



a cup of cool water

The Cup is now open to receive and provide respite for women in our recovery program and their family members who come to visit.

This fall, we will add a monthly fellowship for women in the community. To learn more about *The Cup* and how

you can get involved, contact Michele Heintz, (205) 425-7737, ext. 11 or mheintz@thefoundryonline.org.



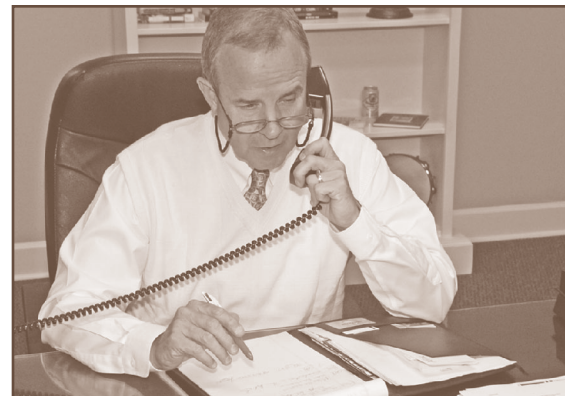
Women in our recovery program study at *The Cup* after class.

growing in grace

Beautiful new classrooms in The Foundry's newly completed Women's Center administration building host exciting recovery and life-skills courses that bring growth and opportunity! "With this new facility, we've been able to separate men's and women's classes and focus on issues related to each gender," says Michele Heintz, Women's Center director.

Currently, our staff and volunteers like Betsy Kopecky, pictured here leading a class, are teaching from Beth Moore's *Believing in God*, Becky Drace's *A Woman of Worth*, the book of James and the C.A.S.A. 12-Step Program.

At the same time, men in our recovery program have begun two new classes on fatherhood and boundaries.



Former radio talk show host Bob Lochamy has a long history in Birmingham-area sports and Christian ministry.

Welcome Bob Lochamy

When board member Bob Lochamy learned The Foundry was seeking someone to work directly with our donors, he felt God encouraging him to take the position.

As major gifts officer, Bob ensures our donors know they are appreciated and keeps them informed about ways they can make a significant impact on our ministry. Contact him at (205) 425-7737, ext. 15 or email blochamy@thefoundryonline.org.

Eighth Annual Hope Awards Banquet

The Foundry Rescue Mission and Recovery Center invites you to share a time of celebration and thanksgiving at our Eighth Annual Hope Awards Banquet.

Eighth Annual Hope Awards Banquet

A benefit for The Foundry and Re-Entry Ministries

Thursday, October 25, 2007

Cahaba Grand Conference Center

Hwy. 280, Birmingham

Reception 6 p.m.

Dinner and program 6:30-8:30 p.m.

Emcee

Rick Burgess

The Rick and Bubba Show

Keynote Speaker

Rev. Chette Williams

Chette Williams serves as chaplain for Auburn Athletics, Auburn campus director for Fellowship of Christian Athletes and the state director for Urban Ministries for FCA.



Eighth Annual Hope Awards Banquet Honorees

Hope Award for Education Service

Dr. and Mrs. Byrl Kynerd
Briarwood Christian School

Hope Award for Religious Service

Rev. Thomas Wilder, Pastor
Bethel Baptist Church

Hope Award for Business Service

Mr. Rob Burton, President
Hoar Construction

Hope Award for Community Service

Mrs. Jessie Hale Downs, Cofounder
The Jimmie Hale Mission

Re-Entry Award (posthumous)

Mr. John Williamson, Cofounder
Re-Entry Ministries

Sponsorship Levels

Platinum Table

\$10,000

Gold Table

\$5,000

Silver Table

\$2,500

Bronze Table

\$1,250

To reserve your table or seat:

Contact Public Relations Director Leslie Freeman at (205) 425-7737, ext. 16 or lfreeman@thefoundryonline.org for sponsorship information or to reserve your seats.

We respectfully request no children under 15 attend. A freewill offering will be taken during the event. Each seat is tax-deductible minus \$40; The Foundry will provide receipts for each contribution.

Where DO I FIND?

The Foundry

SuperThrift Outlet

727 Bessemer Super Highway

Monday-Saturday: 9 a.m.-9 p.m.
(except Thursday)

Thursday: 9 a.m.-5 p.m.

Call (205) 424-2400 to schedule a pick up.

Auto Sales and Service

1402 4th Avenue North

(205) 425-3290

Don't forget! Donate your car, truck, boat or other vehicles by calling (205) 426-9000.

Cut out for great savings!



25% OFF

your purchase of **ALL CLOTHING** at
The Foundry SuperThrift Outlet!

Bring in this coupon any time between September 10 and October 10 to receive a **25 percent discount** off your entire purchase of clothing items! *(This offer excludes any other discounts and sales promotions.)*

The Foundry SuperThrift Outlet

727 Bessemer Super Highway
(205) 424-2400

Shopping Hours

Monday-Saturday: 9 a.m.-8 p.m.
(except Thursday)

Thursday: 9 a.m.-5 p.m.

Closed Sunday

Drop off your new and gently used donations during operating hours or call for a pick up. Thanks!