



# The SPARK

THE OFFICIAL NEWSLETTER OF THE FOUNDRY RESCUE MISSION AND RECOVERY CENTER

## Food *for* Thought

Jonah wasn't sure he wanted to live anymore. "I had done my parents so wrong that they wouldn't have anything to do with me," he says. "My friends were gone. People knew there was something wrong, but didn't know what."

Addicted to cocaine, Jonah functioned well as a restaurant manager but knew he needed help. "A guy I worked with at the restaurant, and was really mean to, kept preaching to me. One night he called when I was thinking about killing myself. I hung up, but something made me call him back. He came and took me to his house."

Jonah slipped out of his newfound friend's home and got high that night, but felt compelled to return. At 2:15 a.m., Jonah's friend took him to The Foundry and dropped him at the door. "He had made arrangements for me to be there. All I had to do was walk in the door."

Once in The Foundry's program, Jonah's biggest recovery obstacle was the influence of old friends and old stomping grounds. "I knew I needed to stay here. Being with people who understand what you're

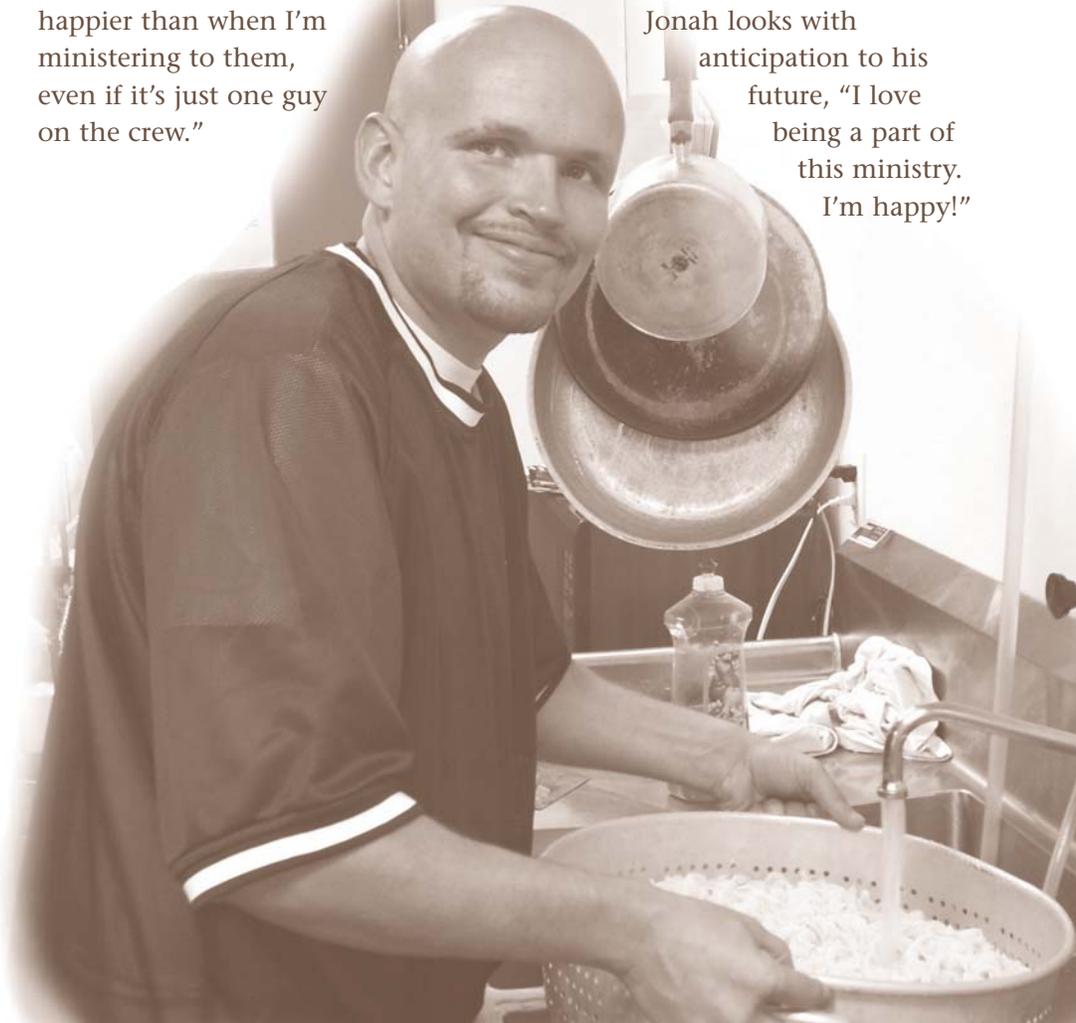
going through because they've been through it makes a big difference. I've totally changed. I know I can't do anything without God — not and do it right."

Just before Jonah graduated The Foundry's recovery program in 2004, he became kitchen supervisor here! "In the back of my head I knew I wasn't supposed to leave," he admits.

Jonah loves ministering to residents and guests. "I can relate to their problems. I'm never happier than when I'm ministering to them, even if it's just one guy on the crew."

Jonah knows firsthand how important it is to provide good food for The Foundry's residents and guests. He says, "Food never tasted so good as after I got off drugs. I'm always striving to make the food better. We don't always have a lot to work with so we have to be creative. We don't get as many donations as we need, so I've learned to make something out of nothing. I always try to make it better because I know what it's like to be hungry."

Jonah looks with anticipation to his future, "I love being a part of this ministry. I'm happy!"





Where lives are reshaped  
by the hands of God.

**The**  
**FOUNDRY**  
RESCUE MISSION AND RECOVERY CENTER

**THE SPARK**

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**THE FOUNDRY**

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**Rev. Bill Heintz**

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**OUR VISION**

To be the leader in Christ-centered  
recovery, permanently transforming lives.

**OUR MISSION**

To restore hope and rebuild the lives of  
the homeless and addicted through  
Christ-centered recovery.



**Did You Know?**

The Foundry has redesigned our Web site with new photos, new information — even a catalog page filled with samples of our customized furniture! Check out [www.thefoundryonline.org](http://www.thefoundryonline.org) to learn more.



From the  
**Executive  
Director**

*Dear Friends,*

Here's some food for thought: If all the folks on The Foundry's recovery program waiting list were outside our building, the line would stretch around the block. There are 150 in the program now; another 320 wait for a bed.

This field is truly ripe for harvest!

Often our harvest begins in the simplest way — by greeting a new resident with a plate of good-tasting food and the promise of a clean bed. Or by giving a desperate mother groceries so her family can make it to the next paycheck. Or by treating an at-risk neighborhood child to a healthy snack and a big hug.

These gestures open the way for us to tell each person about the love of Christ — and the good food of the Gospel!

This issue of *The Spark* is all about food. As you read through it, you'll notice that food's a pretty important part of what we do. Do you like to cook? Bake? Shop? Visit the needy? Pray?

If so, we invite you to join The Foundry Rescue Mission and Recovery Center as we bring food to hungry stomachs and the Gospel to hungry hearts.

*"My food,"* said Jesus, *"is to do the will of him who sent me and to finish his work. Do you not say, 'Four months more and then the harvest?' I tell you, open your eyes and look at the fields! They are ripe for harvest."* John 4:34,35

In His Service,

*Bill Heintz*  
Rev. Bill Heintz

**Glad to meet you!**

Have you ever visited The Foundry Rescue Mission and Recovery Center? Maybe it's time you did. A member of our executive staff, pictured here, would be delighted to take you on a tour and tell you more about how lives at The Foundry are reshaped by the hands of God.



Back row, L-R: Rick Todd, Dr. Jimmy Hutchins, Rev. Bill Heintz. Middle row: Tawana Pendley, Leslie Freeman, Michele Heintz. Front row: David Pendley, Dr. John Fischer and Johnny Murphree.

**You Helped  
Provide**  
January-June  
**2006**

Because you gave, The Foundry provided these services to homeless and addicted men and women, and to the low-income community during the first half of 2006.

<b>Nights of lodging</b>	<b>27,150</b>	People receiving free clothing	78
<b>Meals provided</b>	<b>89,595</b>	Food boxes distributed	307
Recovery program graduates	35	Residents receiving medical, dental, optical, prescription assistance	1,170

# Relieving Physical and Spiritual Needs

## Our Greatest Food Needs

Recovery isn't always the first thing on a person's mind when they walk into The Foundry. After days or even weeks without proper nourishment, a hot, delicious meal brings relief and hope. Here are foods and items our kitchen staff needs to feed folks at The Foundry and in the community.

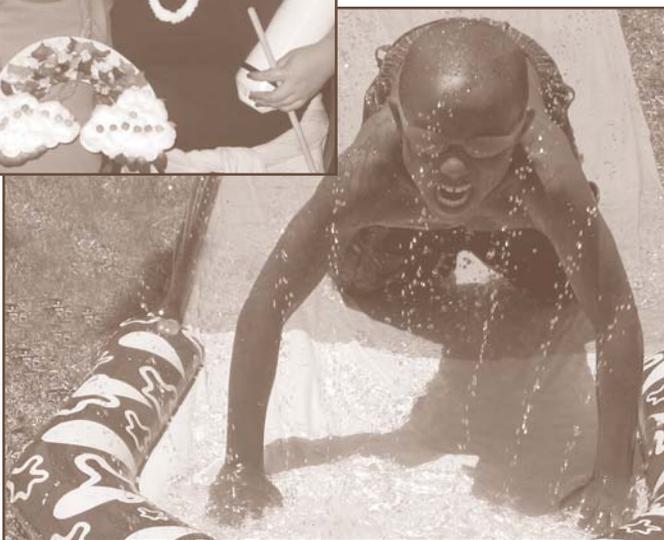
Canned fruit  
Canned vegetables  
Canned beans  
Fresh vegetables and fruit  
Lunchmeat  
Canned tuna, chicken, Spam®  
Fresh or frozen poultry, beef, pork\*  
Seasoning  
Commercial pots, pans, kitchen utensils

*\*Unfortunately, we cannot accept game meat or home-canned products.*

## Adopt-A-Block Fun!

In June, little ones of all ages enjoyed crafts, water games, snacks and other exciting stuff during

*Adopt-A-Block's Fun Island* for kids in the community! Thanks for helping The Foundry reach out to at-risk children with summer fun and the love of Christ.



## Why I Volunteer at The Foundry

Several years ago, Barbara Moore and her friends learned of The Foundry's need for help in the kitchen at Christmas. Soon, the women were preparing and serving dinner to The Foundry's residents once a month!

"It's not always easy to come up with the funds to pay for the food," Barbara admits, "or to come up with menus to serve 125-150 people! But it's a privilege for us."

Though the group, which represents members of several local churches, has changed faces many times over the years, they've remained constant in their desire to serve homemade meals to men and women at The Foundry. "It's a God thing," Barbara says. "We're commanded in Matthew 25 to give to the least of these. And these people are hungry in a lot of ways; they're at rock bottom when it comes to self-esteem. We see them as children of God who are worth our time and effort. We want to give them physical and spiritual food — that way we can serve them as we serve Him."

We are grateful to these dedicated friends of The Foundry. Their compassionate action "feeds" our residents, body and soul.

Would you like to purchase, cook and serve a meal to residents at The Foundry? Or provide funds for food? We'd love to hear from you! Contact Leslie Freeman, director of development, at (205) 428-8449 to learn more.

## From Our Kitchen to Yours!

The Foundry makes every effort to use your food donations wisely as we provide nutritious meals for our residents and at-risk families in our area. Here's a recipe from "Jonah's kitchen." Enjoy!

### Nacho Casserole

- 1 10.75 oz. can cream of mushroom soup
- 1 10.75 oz. can cream of celery soup
- 1 10 oz. can Rotel® tomatoes, drained
- 1 cup Velveeta®, cubed
- 1 package Lipton Onion Soup Mix®
- 8 oz. Doritos®
- 1 lb. ground beef
- 1 cup cheddar cheese

Preheat oven to 350 degrees. Mix first three ingredients in medium saucepan over medium heat. Add Velveeta and stir to melt. Brown ground beef with Lipton Onion Soup Mix. In casserole dish, layer crushed Doritos, ground beef, sauce and then shredded cheddar on top. Bake 20 minutes or until heated through and cheese is melted. Serves 6-8.



## A Special Place to Play

When Gary Frith's children grew too big to play in their custom-built playhouse, his father-in-law suggested he donate it to The Foundry to be used at our future Women's and Children's facility being renovated now!

Though this sentimental dad was sad to see the empty spot in his yard, he was heartened to hear that his wife and children enjoyed our residents when they came to pick up the clubhouse. Gary wrote us a letter, which said in part:

*The crew that came to our house to pick up the clubhouse and swing were patient, polite and very kind to my wife Kelley and our children as they struggled to get everything loaded. Kelley mentioned they were all smiling and she could tell they enjoyed what they were doing. What a wonderful testimony to your leadership! How proud you and everyone associated with your ministry must be of this awesome staff.\**

We're grateful to the Frith family and to father-in-law Marvin Torme of Torme Foods in Bessemer for



L-R: Marisa, Shelby, and Brock Frith

thinking of The Foundry. Your gifts, large and small, mean so much to us and to those we serve. For more information about our needs, please call us or go to our Web site at [www.thefoundryonline.org](http://www.thefoundryonline.org). God bless you.

*\*Those "staff members" were residents of The Foundry who are learning each day to reflect Christ's love in all they do. Thanks for the vote of confidence!*

## Your Will Might Need an Update

Have you reviewed your will lately? It might be time to do so. Here are three good reasons why:

**Your circumstances have changed:** Have you moved, gotten married, become a grandparent or experienced other major changes? Consider making revisions to reflect those changes.

**The laws have changed:** Does your will reflect what's most beneficial to you and your loved ones under the newest state and federal tax laws? Check it out!

**You've changed:** Have you changed the way you think? Are you supporting the same charities and other interests? Review your will to insure your charities of choice will be served after your death while providing for your loved ones, too.

Look over your will with a reputable attorney so you'll receive the best guidance possible. For more information about planned giving — or making a legacy gift to The Foundry — call Leslie Freeman at (205) 428-8449.



## Where Do I Find ...?

### The Foundry SuperThrift Outlet Furniture Manufacturing and Upholstery Shop

727 Bessemer Super Highway  
Monday–Saturday: 9 a.m.–9 p.m.  
(except Thursday)

Thursday: 9 a.m.–5 p.m.

Call (205) 424-2400 to schedule a pick up.

### Auto Sales and Service

1402 4th Avenue North  
(205) 425-3290

**Don't forget!** Donate your car, truck, boat or other vehicles by calling (205) 426-9000.

